

Winter 2012

Registration Form

Complete and mail this registration form with payment at least five days prior to the event to:

Area Agency on Aging 1-B
ATTN: Administrative Services
PO BOX 674259
Detroit, MI 48267-4259



Area Agency on Aging 1-B
Aging Matters
Winter 2012

Contact Information (name, address, phone number, email):

Agency/Organization:

Trainings you are registering for:

	Name of training	Fee:
Example:	<u>Making Connections</u>	\$ <u>\$10.00</u>
1.	_____	\$ _____
2.	_____	\$ _____
3.	_____	\$ _____

Total Amount Due: \$ _____

____ Enclosed is my check made payable to AAA 1-B.
____ I prefer to pay by credit card.
Please provide your credit card information below.

Charge to: _____ MasterCard _____ VISA

Account #: _____

Verification code: _____ Exp. date: _____

Name as it appears on card:

Signature: _____

The Area Agency on Aging 1-B (AAA 1-B) is committed to effectiveness in the provision of services to older adults and adults with disabilities. The AAA 1-B provides training and development to engage the network in continuous learning and professional growth.

Space is limited for all trainings.

Trainings are on a 'first paid, first reserved' system.
Group discounts may apply to some trainings.

If you have any questions please contact Kristin Wilson at kwilson@aaa1b.com or 248-262-9226.

The AAA 1-B is a non-profit organization enhancing the lives of older adults and adults with disabilities in the communities we serve. We rely on donations to provide continued support and services to the individuals we serve. If you would like to make a donation to AAA 1-B please visit our website at www.aaa1b.com and click "Donations".

Free and low-cost training sessions for aging network professionals, advocates, students, and leaders

Mission

The Area Agency on Aging 1-B enhances the lives of older adults and adults with disabilities in the communities we serve.



29100 Northwestern Highway
Suite 400
Southfield, MI 48034
800-852-7795

Making Connections

Wednesday, March 7th
9:30 a.m.—11:30 a.m.
AAA 1-B Southfield

Melanie Seamann, LMSW will educate and provide participants with an understanding of the social needs of adults living with dementia. Melanie will share techniques and discuss ways to engage persons with dementia socially. Participants will learn ways to interact with individuals at all stages of dementia and creative ways to engage individuals who are living with dementia.

Cost: \$10
2CEs/Contact Hours available for SW

This training is being offered in partnership with the Alzheimer's Association—Greater Michigan Chapter



Judith J. Wahlberg Memorial Lecture

Thursday, February 16, 9:00 a.m.—12:30 p.m.
Farmington Hills Costick Center

Hidden Psychiatric Disorders & Medication
Challenges Among the Elderly

Suzanne Keller, PhD, Assistant Professor Wayne State University— Identifying the Spectrum of Psychiatric Disorders in the Elderly Population

Stephanie Rowe, PharmD, BCPS, VA Hospital—
Polypharmacy and Medication Adherence Protocols for the Elderly

The Judith J. Wahlberg Memorial Lecture is dedicated to enhancing professional development opportunities for those concerned about services and programs for older adults.

Cost: \$40 (groups of 3 or more \$35 per person)
Student rate \$15

CEs pending approval for RN & SW

Full brochure coming soon!!

AGING MATTERS - Winter 2012

PATH Leader Training

January 17th, 19th, 24th & 26th
9:00 a.m.—4:00 p.m.
AAA 1-B Southfield

Become a trained leader in the Stanford Evidence-Based Chronic Disease Self Management Program (CDSMP) or PATH (Personal Action Toward Health) as it's known in Michigan. As a certified PATH leader, you will be able to facilitate PATH workshops throughout the community & provide participants with tools to better manage their chronic conditions.

It is highly recommended that two individuals or volunteers from the same organization attend the training since PATH workshops **must** be facilitate by two trained leaders. Leaders must co-facilitate at least one 6-week PATH workshop within a year of the leader training to maintain certification.

Become a PATH Leader:

Leaders **must** attended all 4 days of training in order to become certified as a PATH Leader.

You do not have to be a healthcare professional to attend; prior teaching experience not required.

We are looking for people who are motivated to help themselves & to assist others to manage chronic or long term health conditions.

Cost: Free—lunch, snacks & materials will be provided

-Training is limited to 18 participants-

Contact Kristin Wilson at kwilson@aaa1b.com for additional information & full brochure. Potential Leaders **MUST** complete a Leader Application.

This PATH Leader Training is being funded through the American Recovery & Reinvestment Act 2009.

***To register for free workshops please send an e-mail to registration@aaa1b.com with your name, phone number, & date/name of the workshop you plan to attend. Include CE's required if applicable.**

HIV & Substance Abuse In Older Adults

Thursday, March 22nd
9:00 a.m.—11:00 a.m.
AAA 1-B Southfield

Anyone can get HIV & AIDS, regardless of race, ethnicity, socio-economic status or **AGE!** The number of older adults living with HIV/AIDS is on the rise. Nicola Walker, S.H.A.P.E. Project Coordinator & Nikki Grandberry, S.H.A.P.E. Assistant Project Coordinator at Adult Well-Being Services, will discuss behaviors that place older adults at increased risk for HIV infection. Presenters will discuss cultural factors that may hinder attempts to identify HIV -positive older adults & prevent them from receiving care. Participants will understand how substance use can contribute to HIV and examine what we as professionals can do to educate the older adults we serve.

S.H.A.P.E—Stop HIV/AIDS & Addiction through Prevention & Education

Nicola Walker, Certified Prevention Consultant through the Michigan Certification Board of Addiction Professionals

Nikki Grandberry, State of Michigan Certified HIV Counselor

Cost: Free—2CEs available for SW & RN

This training is being sponsored by Senior Helpers and in partnership with Adult Well-Being Services and Hospice of Michigan.



SAVE THE DATE BEST CHEF FEST

“Get Your Plate in Shape”

Thursday, March 1, 2012

Location: Older Persons' Commission

This workshop is designed for regional nutrition service programs, culinary team members, DSP contractors, adult day centers, senior center directors & statewide special event program planners.

More information coming soon!

