




educate **enhance** empower
older adults, adults with disabilities and family caregivers

**Area
Agency on
Aging 1-B**
Advocacy • Action • Answers on Aging
2009 Annual Report

Vision

The Area Agency on Aging 1-B will be the agency of first choice for advocacy, action, and answers and drive community engagement to ensure that older adults, adults with disabilities, and caregivers reach their full potential and highest quality of life.

Values

***Integrity:** We are committed to the highest levels of integrity, fiscal responsibility, ethical and honest behavior, and transparency.*

***Teamwork:** We will engage all of our stakeholders in an environment that promotes teamwork, partnerships, and collaboration.*

***Quality:** We will strive for excellence in the performance of our duties and provision of services that are timely, affordable, accessible, and promote personal choice.*

***Innovation:** We will be a leader in seeking innovative, visionary, and proactive solutions and approaches in the delivery of services.*

***Respect:** We will foster an atmosphere that values the contributions of all employees, members of the Advisory Council and Board of Directors, and community partners. We will assist those we serve with the greatest level of respect and compassion and with a high regard for cultural diversity and personal choice.*

Mission

The Area Agency on Aging 1-B enhances the lives of older adults and adults with disabilities in the communities we serve.



Dear Friends,

For over 35 years, the Area Agency on Aging 1-B (AAA 1-B) has been a trusted resource for older adults, adults with disabilities and family caregivers in southeast Michigan. Through our network of community partners, we remain dedicated to providing high quality services that support independence and dignity for those we serve. FY 2009 marked the accomplishment of a significant milestone in the history of the AAA 1-B. Through the guidance and support of our Board of Directors, we developed our first strategic plan including the revision of our mission statement, the creation of a vision statement and the introduction of value statements to ensure the establishment of a strategic framework that will result in significant success for the organization.

During FY 2009, senior services received a significant reduction in the fourth quarter of the year when an executive order was passed to reduce the growing budget deficit. Working collaboratively will become ever more important as the population of Michigan continues to age and state resources are reduced. This will require the AAA 1-B and our partners to place a greater emphasis on delivering services in a cost effective and efficient way. We will need to focus on prioritizing services and identifying those that provide the most value for older adults and adults with disabilities. The AAA 1-B strategic plan will help guide the agency over the next three years to ensure sustainability, innovative program development and business efficiencies.

While state funding through the Michigan Office of Services to the Aging (OSA) was reduced, funding increased in the MI Choice Home and Community Based Waiver Program as the Michigan Department of Community Health continued to expand the Nursing Facility Transition Program, a program that helps Medicaid eligible older adults and adults with disabilities move from a nursing facility back to the community.

This past year brought change to the AAA 1-B as we launched Harmony, the new software system that integrates many of the agency's core functions into one system including care management assessments, vendor billing and our Information and Assistance referral database. Care managers began using the system in May of 2009 and a first wave of service providers tested the vendor billing component, which will be rolled out to all AAA 1-B service providers in FY 2010.

At the federal level, Project 2020: Building on the Promise of Home and Community Based Services, developed by the National Association of Area Agencies on Aging and the National Association of State Units on Aging was introduced. Designed to be a coordinated national long-term care strategy, Project 2020 will generate savings in Medicaid and Medicare at the federal and state levels while enabling older adults and adults with disabilities to successfully age in their own homes and communities. Three tenants of Project 2020 include: Aging and Disability Resource Centers (ADRC), Nursing Home Diversion; and evidence based disease prevention and health promotion.

Starting in FY 2009, the AAA 1-B has begun to develop key components of Project 2020 including initial ADRC partner meetings with the Centers for Independent Living serving the AAA 1-B region, continued implementation of the OSA Nursing Home Diversion grant through the Veterans Directed Home and Community Based Services phase and training of staff in two evidence based programs, P.A.T.H. and T-CARE.

We are very grateful to our many partners who help us keep the public's trust and who continue to identify new, creative ways to improve the delivery of vital services and programs necessary to preserve the dignity and well-being of older adults, adults with disabilities and their caregivers. Thank you for being part of our journey and we look forward to continuing down this innovative path together in 2010.



*Jan Dolan, Chair, Board of Directors (left)
Tina Abbate Marzolf, Chief Executive Officer (right)*

Sincerely,

Jan Dolan
Chair, Board of Directors

Tina Abbate Marzolf
Chief Executive Officer

Programs and Services



Lisa Pyle, AAA 1-B Resource Specialist

Resource Center 800-852-7795

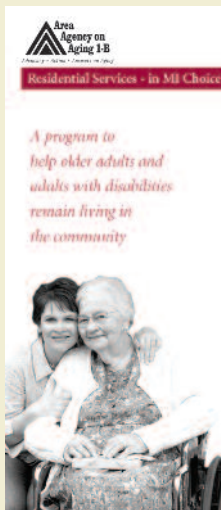
The AAA 1-B Resource Center, staffed by certified Alliance of Information and Referral Systems (AIRS) Resource Specialists provides comprehensive information and assistance on local services and agency programs for older adults, adults with disabilities and their families. To speak with a Resource Specialist, call 800-852-7795 or complete an email form on our website at www.aaa1b.com.

MI Choice Home and Community Based Medicaid Waiver Program*

The MI Choice Program provides services for adults age 65 years and over and disabled adults over the age of 18 years, to help them remain living in the community instead of a nursing facility. Individuals must meet Medicaid income requirements and qualify medically for nursing home admission.

Community Care Management

The Community Care Management program helps provide in-home services such as personal care and homemaking to help older adults who are at risk of being placed in a nursing home but do not financially qualify for the MI Choice Home and Community Based Medicaid Waiver program.



In-Home Services Program (ISP)

The In-Home Services Program provides personal and home care assistance for frail older adults who have some physical limitations but are not considered to be in need of nursing home placement. The assistance available includes help with bathing and dressing, shopping, meal preparation, errand assistance, light housekeeping and respite services for the caregiver.

Nursing Facility Transition Program*

This service helps provide options for eligible nursing facility residents to transition from a nursing facility back to the community and is available to all nursing home residents who are current or potential Medicaid recipients.



Out of Home Respite Program

The Out of Home Respite Program provides family caregivers access to 24 hour care for their older or disabled loved one in a licensed Adult Foster Care home or Homes for the Aged. Caregivers can make reservations for their loved one up to two weeks at a time, twice a year. The caregiver or care recipient must be 60 years of age or older and the care recipient must reside in the AAA 1-B service area and require assistance with two or more activities of daily living such as personal care, eating, or bathing.

Michigan Medicare Medicaid Assistance Program (MMAP) 800-803-7174

MMAP is Michigan's State Health Insurance Program and is funded through grants from the Centers for Medicare and Medicaid Services. Local MMAP counselors help Medicare beneficiaries or their families understand Medicare and Medicaid, compare or enroll in Medicare Prescription Drug Coverage, review Medicare supplemental insurance needs, understand Medicare health plans and apply for Medicaid or Medicare Savings Program.



*Funded by the Michigan Department of Community Health

Highlights

The **AAA 1-B Medicare Medicaid Assistance Program (MMAP)** exceeded all program benchmarks for FY 2009 serving nearly 45,000 Medicare beneficiaries.

The **10th Annual Solutions for Family Caregivers Expo** was the most highly attended expo held by the AAA 1-B with over 1,100 caregivers participating in the event. The event was sponsored by several organizations including, at the Gold level, Henry Ford Health Systems and Kroger Pharmacy. The AAA 1-B also held the **4th St. Clair County Caregiver Fair** and was a lead partner in the **6th Annual Monroe County Caregiver Fair**, with both events having more than 200 attendees.

As part of the 2009 Federal Stimulus program, **American Recovery and Reinvestment Act (ARRA)**, the AAA 1-B received \$700,825 in funding to support congregate and home delivered meal programs over an eighteen month period.

The AAA 1-B partnered with Sky's the Limit Publishing, LLC to provide the first annual **Oakland County Senior Services Directory**.

The **AAA 1-B received \$560,811 from the Residential Services grant**, through Michigan Department of Community Health to begin expanding the MI Choice Program into licensed assisted living sites.

ClickonAging.com, a website developed and supported by a group of 12 local organizations, including the AAA 1-B, was launched in the summer of 2009 with a shared goal to provide information on and access to long term care services in southeast Michigan.



The **AAA 1-B established partnerships with the Ann Arbor Center for Independent Living, the Blue Water Center for Independent Living and the Disability Network of Oakland and Macomb** as the first step towards developing the Southeast Michigan Aging and Disability Resource Center (ADRC) serving the counties of Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw.

The AAA 1-B was the recipient of a **\$5,000 grant from the American House Foundation** to assist individuals 55 years and older, who have basic unmet needs.

Since 2003, the AAA 1-B has been **measuring the quality of its community-based long term care services** through a telephone survey of program participants. This year 100% of the survey participants indicated they would recommend the AAA 1-B to others and for all items measuring care manager performance, the ratings either improved or remained at 100%. A complete copy of the report can be found at www.aaa1b.com/News&Events/Publications.



The AAA 1-B joint Ad Hoc Committee of the Board of Directors and Advisory Council members continued to focus on evaluating and recommending **“Untapped Sources of Revenue to Support Services to Older Adults”**. Key strategies identified and recommended were an income tax return check-off for home delivered meals and special cause license plates for senior center wellness programs. Area Agencies on Aging statewide joined AAA 1-B in support of these recommendations.

The Personal Emergency Response System (PERS) wait list reduction strategy funded through a **\$7,500 grant received from the Community Foundation of Southeast Michigan** was implemented. Individuals waiting to receive services in the Care Management program and the MI Choice Home and Community Based Waiver program will be offered a free PERS unit for one year. An initial environmental falls risk assessment and quality of life questionnaire will be completed before the PERS is installed and follow up assessments will be completed at six and 12 months to evaluate the outcomes associated with the provision of a PERS unit.

The **AAA 1-B Resource Center assisted more than 60,000 callers** with information and assistance on understanding and navigating home and community based long term care services.

More than \$1,000 was raised through the **AAA 1-B Relaxed for a Reason Staff Program** and donated to local nonprofit organizations supporting older adults and adults with disabilities including the Hope Center, Livingston County Catholic Social Services and Integrated Living.



FY 2010-2012 Strategic Plan

The Area Agency on Aging 1-B enhances the lives of older adults and adults with disabilities in the communities we serve.

AAA 1-B Develops Strategic Plan

At the beginning of FY 2009, the AAA 1-B Board of Directors made the critical decision to undertake the agency's first-ever strategic planning initiative to develop a comprehensive three year strategic plan that would guide the AAA 1-B through a dramatically changing economy and increasing service delivery demands with the aging population.

To assist in the development plan, an extensive information gathering process was conducted involving internal and external stakeholders. Approximately 300 external stakeholders were surveyed; 54 focus groups conducted and many individual interviews, in addition to Board, Advisory Council, and staff surveys

The final strategic plan was approved October 2009. To fulfill the goals and objectives of this plan, the Board of Directors has directed agency staff to utilize agency financial resources, prioritize staff activities, and engage internal and external stakeholders. The Strategic Plan will serve to guide the agency for the next several years to identify priorities and new opportunities for long term care services.

A copy of the strategic plan can be found on the AAA 1-B website at aaa1b.com/about-us/strategic-plan.



AAA 1-B care managers learn Harmony.

AAA 1-B Implements Harmony

During FY 2009, the Area Agency on Aging 1-B implemented Harmony, a new web based computer system designed to fully integrate all business practices of the agency to reduce redundancies and improve business efficiencies. Community Support Services care managers

began using the Harmony software in May 2009 for client assessments, information tracking and care coordination. Harmony was also piloted during 2009 by a group of volunteer provider organizations, referred to as the 'First Wave Harmony Vendors' with full implementation rolling out to all service providers in FY 2010.



Chef Allen Vay prepares food for Best Chef Fest participants.

Best Chef Fest

The AAA 1-B brought nutrition providers together to spark creative solutions, and share new ideas and cooking techniques with the objective to make home delivered and congregate meals more flavorful and healthy. The "Best Chef Fest" supported by Gordon Food Service featured innovative recipes, cooking demonstrations from local cookbook authors and chefs, and some tips on making the dining experience more enjoyable for seniors.

Local authors Lois Johnson and Margaret Thomas whose cookbook, *Detroit's Eastern Market: A Farmers Market Shopping and Cooking Guide*, features recipes centered around Detroit's local flavors participated in the event. The "Best Chef Fest" also featured a demonstration from Chef Allen Vay, who showed how small changes and a few key ingredients could transform traditional dishes into something extraordinary.

Digital Television

The Area Agency on Aging 1-B was awarded a grant of \$9,983 from the National Association of Area Agencies on Aging to support seniors' transition to digital television. The agency developed a very comprehensive electronic Digital Television Transition Toolkit, for seniors, which included key information regarding the digital transition. The toolkit was distributed by email to organizations that work directly with older adults including nutrition providers, homecare agencies, senior centers, fire departments, senior housing facilities faith based organizations and through the AAA 1-B Resource Center.

For older adults who were unable to leave their home the AAA 1-B partnered with local organizations to reach out and provide assistance with obtaining and installing the box. Forty one homebound seniors were served through these partnerships.

AAA 1-B Partners with Veterans Administration

As part of the Nursing Home Diversion project, the AAA 1-B was selected as a partner by the Michigan Office of Services to the Aging, for the Veterans-Directed Home and Community Based Services (VD-HCBS) demonstration phase. The agency received \$35,000 to participate in this phase of the project, which will run through October 2010. The VD-HCBS is a collaborative partnership between the AAA 1-B and the Veteran's Administration (VA).

The program is available to eligible veterans of any age who are at risk of nursing home placement and provides supportive services to older or disabled veterans to help them remain living in the community. The program is self-directed, which allows the veteran to manage the care services with the help of a care consultant and financial management provider.

During 2009, the AAA 1-B assisted eight veterans through the VD-HCBS collaborative partnership.



Karen Jackson, AAA 1-B Nutrition Manager (far right) facilitates a P.A.T.H. meeting.

AAA 1-B Provides Evidence Based Programs

During FY 2009, the AAA 1-B Personal Action Toward Health (P.A.T.H.) certified staff hosted three Chronic Disease Self-Management Program (CDSMP) workshops at the Hartland Senior Center, Ukrainian Village and Gerry Kulick Senior Center. Twenty one individuals completed the trainings. Many of the participants at the Gerry Kulick Senior Center were hearing impaired and an interpreter attended the workshops to sign for these individuals.

P.A.T.H. is an evidence based program developed at the Stanford University Patient Education Research Center for individuals with chronic health problems and has demonstrated successful outcomes through improvements in a variety of health-related conditions for individuals participating in the workshops.

Staff from the AAA 1-B also participated in the T-CARE training provided by the Michigan Office of Services to the Aging during FY 2009. T-CARE employs evidence-based screening and assessment tools that identify sources and levels of caregiver stress and need for support. Two care managers were trained to conduct the caregiver assessments, and one staff was trained as a T-CARE Train the Trainer.

Research Key Focus

During FY 2009, the AAA 1-B used primary and secondary data, and on-line surveys to conduct over 20 studies and evaluations for the development of new and more effective programs for older adults including:

- Creation of a predictive model of projecting the increase in demand for services as part of the St. Clair Senior Growth study, which documented that service demand will increase 3.5% annually over the next five years, and require an additional \$2 million to satisfy this demand.
- A statewide survey of Michigan Area Agency on Aging Information and Assistance capacity to serve as a platform for the development of Aging and Disability Resource Centers.
- A survey of senior center travel activity which will serve as benchmark data to evaluate the effectiveness of a partnership with Michigan's tourism industry to increase senior travel in Michigan.
- A study by University of Michigan nursing students to document the unmet pet care needs of AAA 1-B long term care consumers.
- An analysis of the underutilization of Medicare prevention benefits among Medicare beneficiaries in the AAA 1-B region.
- A study on the size, economic impact and migration patterns of Michigan's snowbird population, which alerted state officials of the potential undercounting of this population by the 2010 Census.

Mobility Options Counseling

The AAA 1-B received a \$10,000 grant from United Way for Southeastern Michigan to support the development of mobility options counseling. The AAA 1-B developed a training manual for community organizations and the AAA 1-B Resource Specialists were trained to help older adults and adults with disabilities understand and access alternative transportation options.

Client Profiles



Robert Pentrack

In the summer of 1989, Robert (Bob) Pentrack was 25 years old, living and working in Florida, near Orlando, when his world turned upside down. Driving home from work on a Sunday afternoon, he hit a pot hole and his car spun out of control when it caught the soft sand on the side of the road. The gas tank ruptured, and fortunately, Bob's friend who was driving ahead, stopped and pulled him out of the car. Bob survived the accident, but broke his neck and has spent the last 26 years in a wheel chair, and 20 of those years in a nursing home. After the accident, he had returned to Michigan to live with his parents, and eventually moved into a nursing home in Farmington Hills. Through the Nursing Facilities Transition program, Bob moved out of the nursing home and into his own apartment on Labor Day weekend 2009.

When asked about moving back into the community Bob replied "It's a whole different feeling, a wonderful feeling." He enjoys the freedom of going to local stores and restaurants, having his own kitchen and is learning to navigate the transportation system near his home.

Bob receives support with personal care, homemaking and meal preparation in the morning and evening hours, through the MI Choice Home and Community Based Services program helping him to remain living independently in his apartment.

"It's a whole different feeling, a wonderful feeling."

Nursing Facility Transition Program

Lisa's heart holds lots of thanks for the support she receives from the AAA 1-B, her friends and her church.



Zhao Shun Xu, – Lisa Xu, Wife

Five years ago, Mr. Zhao Shun Xu was diagnosed with a malignant brain tumor while in China visiting family and spent several months in China privately paying for treatment until he was able to return back to their home in Pittsburg where Mr. Xu worked at Carnegie Mellon University in the Research Department. After he experienced a stroke, Mr. Xu was placed in a nursing home, however, his wife Lisa, wanted him to return home to live with her, and she had also made the decision to return to Michigan, where they first lived after emigrating from China and have many close friends.

Staff at the nursing home put Lisa in touch with the Area Agency on Aging 1-B, and Mr. Xu was transferred to a nursing home in Washtenaw County, and then moved home with Lisa, through the MI Choice Home and Community Based Medicaid Waiver program.

The Xu's family all live in China, including their only daughter, who was transferred to China for work, and is now married and living there permanently. Through the Self Determination option in the MI Choice Waiver program, Lisa manages the care of her husband, and is able to schedule supportive services for her husband and respite for her as the primary caregiver, to ensure her husband is well cared for and she is able to attend church and visit with their many friends. Recently she was able to return to China for a visit with her daughter and other family.

Lisa's heart holds lots of thanks for the support she receives from the AAA 1-B, her friends and her church.

Client Profiles



Gayle Johnson, Daughter – Margaret Lagrant, Mother

Margaret Lagrant has been on the MI Choice Home and Community Based Waiver program for several years, and recently transitioned into a licensed adult foster care home, Angels from Albania.

Margaret, age 79 years, diagnosed with Alzheimer's disease and Parkinson's, is benefiting from the smaller home-like environment of the adult foster care home. She enjoys the bright open atmosphere filled with sunshine, the home cooked meals, and the comfort of having someone nearby at all hours of the day.

For Gayle, moving her mother to the adult foster care home has reduced her stress significantly, as she knows her mother is treated with dignity and respect in a caring environment. Gayle is now able to more fully enjoy her own retirement, which includes visiting her mother a few days each week, bringing old photos for reminiscing and also spending time with her six grandchildren.

Through Residential Services, the MI Choice program covers the cost of additional services that Margaret requires for her care that are not traditionally provided in an adult foster care setting.

Gayle knows her mother is treated with dignity and respect in a caring environment.

Residential Services

“The support I have received has been a life saver, I don’t know what I would do without it.”



Julia Fouche, Mother – Alvin Fouche, Son

Alvin Fouche cared for his 94 year old mother, Julia, in his own home, for many years because he did not want her to live in a nursing home. Julia is in the most advanced stages of dementia and most days does not know who her son is. Early on, in the caregiving process, Al contacted the AAA 1-B and was connected to supportive services and programs to help him manage some of the responsibilities associated with caring for his mother.

“The support I have received has been a life saver,” said Fouche. “I don’t know what I would do without it.”

Julia receives services through the MI Choice Home and Community Based Medicaid Waiver program. A former environmental engineer and business owner, Al managed a flexible work schedule by doing carpentry and home modifications for various clients, allowing him to work part-time and to care for his mother.

Recently, Al made the very difficult decision to move his mother into a nearby assisted living center, where she continues to receive supportive services through the MI Choice Waiver program, giving Al the opportunity to return to work full time.

Julia has settled in comfortably at the assisted living center and enjoys the many social activities available. Al continues to visit his mother almost daily and works closely with the AAA 1-B and the assisted living center to ensure she is well cared for.

Awards and Recognition

Sandra K. Reminga Lifetime Achievement Award

Laura Newsome
Executive Director, Council on Aging,
Inc., serving St. Clair County

In recognition of the exceptional commitment Laura has made during her 24 years at the Council on Aging, Inc., serving St. Clair County to enhancing the quality of life of older adults. Laura is a champion for seniors and has been instrumental in bringing essential services and care to older adults in St. Clair County. She is chair of the St. Clair County Consortium on Aging; chair of the Healthy Youth, Healthy Senior Committee; past president and current member of the Michigan Directors of Services to the Aging; a member of the Senior Growth Study Committee; a member of the Steering Committee of the Community Services Coordinating Body; and a member of the steering committee for Older Michiganiaan's Day.



Corporate/Business Leadership Award

University of Michigan
School of Social Work Geriatric Fellows Program

In honor of the program's commitment to preparing social work practitioners to work in the field of aging. The University of Michigan's School of Social Work Geriatric Fellows receive excellent training and preparation for gerontological social work practice, and graduates are true assets to agencies in Southeast Michigan.



Special Recognition

Vurn C. Bartley, Jr.
Member, AAA 1-B Board of Directors

In honor of Vurn's 27 years of dedicated service to the AAA 1-B Board of Directors, including six years as Chair, his commitment to supporting the mission of the agency and to helping ensure older adults and adults with disabilities are able to remain living in the community for as long as possible.



Volunteer/Community Leadership Award

Dennis K. Griffin
Member, AAA 1-B
Advisory Council

In appreciation of Dennis' dedication to serving the needs of older adults, adults with disabilities and children with disabilities. Dennis is a member of the Board of Directors for the Oakland Livingston Human Services Agency (OLHSA), chair of the OLHSA Senior Advisory Council, chair of the Waterford Senior Center Advisory Council, financial secretary for the Industrial Office Workers UAW Local 889 Retiree Chapter; member of the Waterford Planning Commission and Hess-Hathaway Park Committee; supporter of the Historical Society of Waterford and Waterford Cultural Council; and a member of the AAA 1-B Advisory Council. He was also named Michigan Senior Citizen of the Year, Leadership category in 2009.



First Wave Harmony Vendors

In recognition of their contributions in partnering with the AAA 1-B in piloting the Harmony system to ensure a successful launch to all agency vendors.

- All Valley Home Care
- Care One, Inc.
- ComForcare Senior Services
- Critical Signal Technologies
- Excellacare
- Helping Hands Nursing Services, Inc.
- Interim of Oakland
- M&Y Care, LLC
- Metro Home Health Care Plans, Inc.
- Monroe County Opportunity Program
- Oakland Livingston Human Service Agency
- Partners in Personal Assistance
- The Medical Team
- Visiting Nurse Association Health Services
- Watson Health Care

Partners

The Area Agency on Aging 1-B is proud to partner with the following organizations to provide services to help older adults and adults with disabilities remain in their home or chosen place of residence for as long as possible.

A+ Nursing Inc.
ABA Home Care
Abbore Healthcare Services, Inc.
Action Home Health Care
Affordable Home Care
All Care, Inc.
A.L.C.C, Inc.
Allied Nursing Care, Inc.
All Valley Home Care
Alternative Choices, LLC
Alzheimer's Association
American House Senior Living Residences
Ann Arbor Center for Independent Living
Ann Arbor Meals on Wheels
Association of Chinese Americans
Bay Nursing Inc.
Binson's Home Health Care Centers
Bloomfield Township Senior Services
Blue Water Center for Independent Living
Caring Alternatives, Inc.
Care in Comfort
Care One, Inc.
Caring Hearts by Virginia
Catholic Social Services of Livingston
Catholic Services of Macomb
Catholic Social Services of Monroe
Catholic Social Services of Oakland
Catholic Social Services of St. Clair
Catholic Social Services of Washtenaw
ChelseCare Home Health
CHS Group, LLC
Citizens for Better Care
City of Farmington Hills
City of St. Clair Shores
Comfort Keepers

ComForcare Senior Services
Community Living Services
Community Outreach Services Corp.
Council on Aging, Inc., serving St. Clair County
Critical Signal Technologies
Deaf & Hearing Impaired Services, Inc.
Deerwood Manor
Detroit Baptist Manor
Disability Network Oakland & Macomb
Elite Medical Equipment
Emerald Food Services
Evergreen Personal Service
Excellacare
Fairfax Manor Health Care Associates, Inc.
Faith in Action for Monroe County
Farmington Hills Inn
Fenton Assisted Living
First Impressions Health Care Solutions
Focus Care Home Health, Inc.
Franklin Terrace Apartments
Frenchtown Senior Citizens, Inc.
Friends Who Care Ann Arbor
Friends Who Care Monroe
Friends Who Care Berkley
Friman Home Health Services
Greater Detroit Agency for the Blind and Visually Impaired
Griswold Special Care
GT Financial Services
Guardian Medical Monitoring, Inc.
Harbor Health Private Care, Inc.
Harbor Light Health, Inc.
Hartland Consolidated Schools
Health Care Innovations
Helping Hands Nursing Service, Inc.
Home Health Outreach
Homestead Home Health Care, Inc
Homewatch Caregivers of Ann Arbor
Hunters Home
I.M.P.A.C.T – Riverbend Assisted Living Facility
Independence Health Corp.
Independent Nursing Services
Integrated Living, Inc.
Interdependence, Inc.
Interim Health Care
J Care, Inc.
Jewish Family Services
Jewish Home and Aging Services
JVS

Kennedy Care, LLC
Lake Erie Transit
Lakeshore Legal Aid
Legal Services of South Central Michigan
Lighthouse of Oakland County, Inc
Living Independence For Everyone
Livingston County Senior Nutrition Program
Macomb County Community Services Agency
Macomb County Dept of Senior Citizen Services
Macomb County Interfaith Volunteer Caregivers
Marie Kathy Home Care Agency
Metro Home Health Care Plans, Inc.
Mom's Meals
Monroe County Opportunity Program
Monroe County Senior Legal Services
M&Y Care, LLC
National Council of Jewish Women
Neighborhood Legal Services
Neighborhood Senior Services
Oakland Livingston Human Services Agency
Older Persons' Commission
Parrish Home Support
Partners in Personal Assistance, Inc.
Patient Support Services
Personal Touch Home Healthcare Services
Pontiac Meals on Wheels
Presbyterian Villages of Michigan
Quality Home Care
Real Living Services
Residential Medical Supply
Restoration Towers
Right at Home - Jackson
Sacred Heart Adult Care Home
Senior Helpers in Home Care
Serenity Private Care
Shannon's Organizing Service
Sheldon Pharmacy & Medical Supply
Signature Home Care, Inc
Southeast Michigan Indians, Inc.
The Medical Team, Inc.
Trillium Home Care
Vanderhaeghen, AFC, LLC
VNA Health Services
VRI of Michigan
Washtenaw County ETCS Group
Waterford Senior Center
Watson Health Care
Wright & Filippis

Donors

Thanks to the generous support of our donors the Area Agency on Aging 1-B Raised

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Home Instead Senior Care
Sheila Hopkins
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Paula Howard
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Helen Kozacki
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\$50,036 for Holiday Meals on Wheels and unmet needs.

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Paola C. Kuivanen	Marjorie Mercure	Violet Mary Perovich	Marsha Schoener	The Shoulders Family
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Victoria Lambert-Barefoot	Mary Ann P. Michalek	Patricia Poirier	Mr. & Mrs. Randall Secord	Nancy Thompson
Dallas D. Laurents, Sr.	Urszula Michalski	Susan Gail Polgar	James V. Seegert	Kathleen Trahan
Dr. R. Ryann Lavelle	Angelina Michelini	Mr. & Mrs. Irvin Poston	Mr. & Mrs. John Segal	Diane J. Trondle
La-Z-Boy Foundation	Sophia Michie	Sue Price	Joann Sell	Catherine Truchan
Mr. & Mrs. Ronald Le Vine	Frances S. Mickel	Shara K. Pullou	Pam Senical	Michael D. Tuladzieck
Mr. & Mrs. Mark Lebeis	Mr. & Mrs. James E. Mies, Jr.	Lisa Pyle	Serenity Private Care	Margaret J. Tuomari
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Mr. & Mrs. H. Barry Levine	Carolyn E. Miles	Marilyn Radlicki	Diane Shalda	Gloria Urbin
Judith Lewis	Mr. & Mrs. Alan Miller	Lorraine Radzwion	Ms. Sheila Shively	V.F.W. Post #3943
Mr. & Mrs. Tom Leyden	Elaine Jo Miller	Karen M. Ranella	Mr. & Mrs. Tom and Emily	Valiant International
Mr. & Mrs. Peter Lichtenberg	Marye Miller	Mr. & Mrs. William C. Raver	Short	Diane Van Damme
Edward R. Liddy	Shelley K. Miller	Eldon Raymond	Lewis A. Shutt	Virginia Vandebroek
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James Lindner	Margaret R. Minnich	Michael Rehfus	Barbara Silberberg	Gerald Vandervlucht
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Sharon S. Losee	Audrey Mooradian	Robert Roach	Sylvia Slaviero	Wilma C. Wahl
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Arleen Luchtman	Barbara Moorhouse	Margaret S. Robinson	Charles and Jean Smith	Jacquelin Washington
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Frank W. Lynch	Betty Mullen	Dennis and Mary Rodrigue	Mr. & Mrs. James W. Smith	Weber, Jr.
M & Y Care, LLC	Anna Mumaw	Debra Rogalski	Mr. & Mrs. Richard Smith	Nancy L. Wedell
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Bernice MacKenzie	MVP Collaborative	Susan L. Romanow	Sandra Smith	Drs. Paul & Katarina Wenger
Macomb Township Lioness	Roger L. Myers	Clarice Ronk	Amy Smyth	Mr. & Mrs. Lewis Werner
Jeannette Magnier	Anne Nebozenko	Barbara Roper	Walter Sobczak	Barbara J. White
Michele Magnotte	Ruth Nelson	Dr. & Mrs. Michael S.	Helen Soini	Dian Wilkins
Charlotte A. Mahrt	Ahuva Newman	Rosenfeld	Pat and Barb Sonoras	Mr. & Mrs. William L. Willard
Irene Maison	Laura Newsome	Roseville Senior Center	Cadey Sontag	Mr. & Mrs. Wayne Willeke
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Alice Manoogian	Denise Novak	Marie Roy	Charlene Southern	Ann Wing
Fay Mansor	Mr. & Mrs. Doyle Nye	Dr. Richard Rubinstein	Bruce and Beth Spinale	Stephen and Angela Wingerd
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Mr. & Mrs. Milton R.	Jennifer Oliver	Robert and Cynthia Ruff	St. Patricks Parish	Doreen E. Wise
Marshall, Jr.	Carol J. Olson	Valerie Ruff	Rev. Michael Broderick	Catherine Witt
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Katherine Martin	Peter Ostrow	Lisa E. Rush	Shirley M. Steele	Cathy Wojciechowski
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McGuire	Elizabeth Pence	Gregory Schermerhorn	Mr. & Mrs. Gerard Szydlowski	
Grace W. McKiddie	Margaret Pence	Jane E. Schiappacasse	Patricia Tauber	
Dorothy McMahon	Dorothy Pequinot	Richard Schiesel	Chester J. Taylor	

*We apologize for any omissions or errors.

AAA 1-B FY 2009 Resource Development Activity – Total \$1,222,386

AMOUNT	PURPOSE	RECIPIENT	SOURCE
\$2,000	Gas Cards/Volunteer Caregivers	Volunteer Caregiver Programs	American House Foundation
\$10,000	Livingston SAVE Taskforce	AAA 1-B	National Center on Elder Abuse
\$5,000	Gas Cards / Drivers Volunteer Meals on Wheels	AAA 1-B	Anonymous
\$10,000	Holiday Meals on Wheels	AAA 1-B	Filmer Memorial Trust
\$1,500	Holiday Meals on Wheels	AAA 1-B	La-Z-Boy Foundation
\$60,000	Transportation Feasibility Study	West Oakland Transportation	Plante & Moran
\$2,500	Transportation Services Business Plan	West Oakland Transportation Authority	Macomb Oakland Regional Coalition
\$7,500	Transportation Services Business Plan	West Oakland Transportation Authority	United Way for Southeastern Michigan
\$5,000	Transportation Services Business Plan	West Oakland Transportation Authority	Oakland County Community Mental Health Authority
\$10,000	Mobility Options Counseling	AAA 1-B	United Way for Southeastern Michigan
\$35,000	Identify unmet senior needs	Oakland County Senior Needs Project	United Way for Southeastern Michigan
\$5,000	Provide unmet needs for low income seniors	AAA 1-B	American House Foundation
\$7,500	PERS/Wait List Reduction	AAA 1-B	Community Foundation Southeast Michigan
\$1,200	Washtenaw County Data Book	Washtenaw Blueprint for Aging	Glacier Hills Retirement Community
\$10,000	Older Michiganian's Day	Michigan Association of AAA's	DTE and Consumers Energy
\$5,000	Research on Medicare Part D	AAA 1-B	Michigan State University School of Social Work
\$10,400	ACCESS Publication	AAA 1-B	Sponsors
\$88,334	Caregiver Fairs	AAA 1-B	Sponsors
\$64,750	Living Well Radio Series	AAA 1-B	Sponsors
\$15,000	Transportation	Troy Medi-Go	Beaumont Foundation
\$242,684	MMAP	AAA 1-B	Centers for Medicare & Medicaid Services
\$107,384	Community Care Management	AAA 1-B	Oakland County
\$28,751	Community Care Management/ Unmet Needs	AAA 1-B	Medicaid Targeted Case Management
\$50,036	Non Programmatic Donations	AAA 1-B	Individual & Corporate Donations
\$79,537	In-Home Service	AAA 1-B DSP Providers	Livingston County
\$203,000	In-Home Service	AAA 1-B DSP Providers	Monroe County
\$20,327	Transportation	Troy Medi-Go	Michigan Department of Transportation
\$125,000	Chore Services	AAA 1-B	Edward N. and Della L. Thome Memorial Foundation
\$9,983	DTV Conversion	AAA 1-B	National Association of Area Agencies on Aging

Service Report

Community Support Services Participants Served in Fiscal Year 2009 (Unaudited)

County	In-Home Services (ISP)	Community Care Management (CCM) (Includes Rapid Response and Community Living Program)	Unduplicated ISP/CCM	MI Choice	VA-HCBS	Nursing Facility Transition
Livingston	29	113	139	73	0	0
Macomb	75	329	365	274	1	13
Monroe	171	180	271	92	0	9
Oakland	102	301	342	499	5	47
St. Clair	48	72	91	62	0	2
Washtenaw	24	154	177	182	2	16
Total	449	1,149	1,385	1,182	8	87

Units of Service Provided:

ISP	90,677
CCM	440,055
MI Choice	3,552,225
NFT	263
Total units of service	4,083,220

Funds expended (unaudited):

ISP	\$340,567
CCM	\$1,685,277
MI Choice	\$13,815,292
NFT	\$130,832
Total funds expended	\$15,971,968



Contracted Services, Units and Older Adults Served in Fiscal Year 2009

<u>SERVICE</u>	<u>UNITS</u>	<u>OLDER ADULTS</u>
Adult Day Health Services	98,750	249
Chore	29,657	3,314
Congregate Meals	382,116	12,938
Elder Abuse Prevention	1,580	482
Grandparents Raising Grandchildren	1,550	125
Hearing Impaired Services	3,370	1,610
Home-Delivered Meals	1,755,442	14,586
Home Injury Control	3,610	1,283
Legal Services	7,939	2,513
Long Term Care Ombudsman	4,348	4,023
Out of Home Respite	1,824	91
Resource Advocacy	39,772	11,975
Vision Assistance Services	1,000	480
Volunteer Caregivers	26,731	398



Funded Services

Through Older Americans Act dollars and matching dollars through the Michigan Office of Services to the Aging and local contributions, the AAA 1-B is a funding source for many programs in the community in addition to the services provided by the agency. The chart above summarizes the services funded and indicates how many individuals benefited from the programs and the units of service provided.

Financial Statement

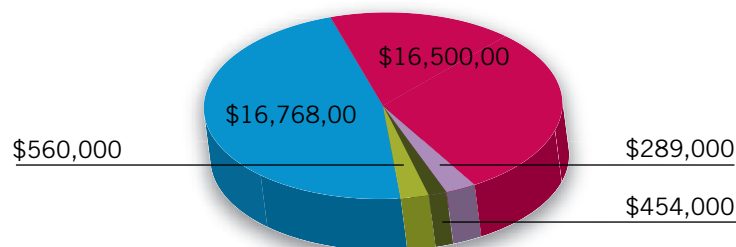
AREA AGENCY ON AGING 1-B Audited Statements of Revenue, Expenses and Changes in Unrestricted Net Assets

Changes in Unrestricted Net Assets	Year Ended September 30	
	2009	2008
Revenue and support:		
Federal grants	\$ 11,539,510	\$ 18,362,184
State grants	21,953,864	12,986,220
Local support	2,534,864	3,079,051
Local - county contributions	559,129	499,963
Program income	2,814,375	3,148,069
Other income	520,542	668,677
Interest income	53,375	107,946
Total support and revenue	39,975,659	38,852,110
Program services:		
Support programs	8,748,498	9,204,805
Nutrition program	11,320,560	11,059,055
HCBS Medicaid Waiver	16,354,321	15,160,610
Eldercare program	50,764	45,626
Other programs	1,785,508	2,257,093
Total program services	38,259,651	37,727,189
Supporting services:		
Management and general	1,385,265	1,034,591
Total expenses	39,644,914	38,761,780
Loss on Disposal of Assets	(120)	(34,568)
Increase in unrestricted net assets before effect of SFAS No. 158	\$ 330,623	\$ 55,762
Effect of SFAS No. 158	\$ (427,468)	\$ (682,985)
Increase (Decrease) in Unrestricted Net Assets	\$ (96,845)	\$ (672,223)
Unrestricted Net Assets - Beginning of year	4,408,551	5,035,774
Unrestricted Net Assets - End of year	\$ 4,311,706	\$ 4,408,551

The above information represents one of the Agency's basic financial statements. To obtain further information regarding the Agency's financial performance, interested parties should examine a complete set of the audited annual financial statements.

Resource Development 2009 Funding

- Michigan Department of Community Health (MI Choice Home & Community Based Medicaid Waiver Program)
- Michigan Office of Services to the Aging (Older Americans Act Dollars)
- County Match
- Grants
- Fund Development/Other



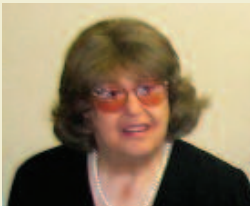
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Mark Robinson
Robert Sanchez
Mark Swanson
Sue-Anne Sweeney
Nancy Vecchioni
SaraMarie Watson



In Memory

This report is dedicated to the memory of Nancie Disher, who was an active member of the AAA 1-B Board of Directors, and passed away in July 2009. Nancie was a true advocate for older adults and adults with disabilities, and her commitment to the mission of the AAA 1-B was greatly appreciated.



Advocacy • Action • Answers on Aging

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Southfield, MI 48034
Phone: 248-357-2255
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Livingston/Washtenaw

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Suite B
Ann Arbor, MI 48108
Phone: 734-213-6704
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Macomb

39090 Garfield
Suite 102
Clinton Twp., MI 48038
Phone: 586-226-0309
Fax: 586-226-0408

Monroe

14930 LaPlaisance,
Suite 130
Monroe, MI 48161
Phone: 734-241-2012
Fax: 734-241-6877

St. Clair

501 Gratiot Boulevard,
Suite 2
Marysville, MI 48040
Phone: 810-388-0096
Fax: 810-388-0122

Call 800-852-7795 or visit our website at www.aaa1b.com